



UPPER ST. CLAIR FOOTBALL

2026 PARENT MEETING



GO PANTHERS!



CONTACT COACH JUNKO



412-916-0132 (CELL PHONE)

mjunko@uscsd.k12.pa.us

SPORTS*YOU*





sportsYou™

You've been invited to join

USC Football



Use your **unique access code** below and follow the instructions.

Access Code

P57S-SDWF



COACHING STAFF

- JEFF DONATI ASSISTANT HEAD COACH
- JOE FIGURA WR/S
- TIM ROBBINS OL/DL
- PAT CORR H/DL
- MATT MELLINGER ILB
- AARON FITZPATRICK WR/S
- CRAIG THOMPSON C
- ANDREW CAPPUCCI QB
- SHAWN MORTON RB/DFO
- BRYAN ALTHAUS ANALYST
- FRED BIEARMAN OLB/JV DC
- ETHAN DAHLEM WR/DB/JV OC





PROGRAM POSITIVES

- 90-95 Participants 9-12 (Fall 26)
- 31 Alumni Playing college football (Fall 26)
- Avg. 10 wins a season for the past 4 years
- Undefeated JV record over the past two seasons
- Top 3 Offense and Defense in WPIAL 5A the past two seasons
- Only team to have two different QB's become finalist for the Willie Thrower Award
- 2 Big 33 Representatives in the last 4 years
- 3 6A opponents on the 2026 Schedule / 8 Playoff opponents
- 0 Players faced academic suspension in 2025
- Our players are rooted in F.A.M.I.L.Y



OUR CULTURE

Build men of character who are prepared to meet life's challenges with strength and integrity.

Develop leaders who serve their community and elevate those around them to reach new heights.





OUR CULTURE

"I write about people who sometime in their life...have a vision or dream of something that should be accomplished...and they go to work." They are beaten over the head, knocked down, vilified and for years they get nowhere. But every time they're knocked down they stand up. You cannot destroy these people. And at the end of their lives they've accomplished some modest part of what they set out to do." -IRVING STONE AUTHOR





WHAT MAKES OUR PARENT CULTURE DIFFERENT?

- EMPHASIZE THE PROCESS AND JUST NOT THE OUTCOME
- TEACH THE VALUE OF RESILIENCE
- FOSTER CONFIDENCE AND SELF BELIEF
- ENCOURAGE BALANCED LIVES
- ARE SUPPORTIVE ROLE MODELS
- TEACH THE VALUE OF TEAMWORK
- PRIORITIZE COMMUNICATION AND CONNECTION





I WANT TO HEAR FROM YOU...

- Injury or sickness
- Mental health concerns
- Concern about coach or peer interaction
- Scheduling conflicts
- Academic performance
- Disciplinary Issues
- College recruiting
- Booster related inquiries



U CHANGES FOR 2026

- DEDICATED 9th GRADE STAFF
- ALL SUMMER WORKOUTS WILL BE IN THE A.M.
- 7 ON 7 SCHEDULE CHANGES
- FRIDAY GAMEDAY EXPERIENCE ENHANCEMENTS (GRAPHICS/VIDEO)
- SOCIAL MEDIA CHANGES
- PLAYER CHOSEN GEAR PACKAGE
- SIZING DAY TBA





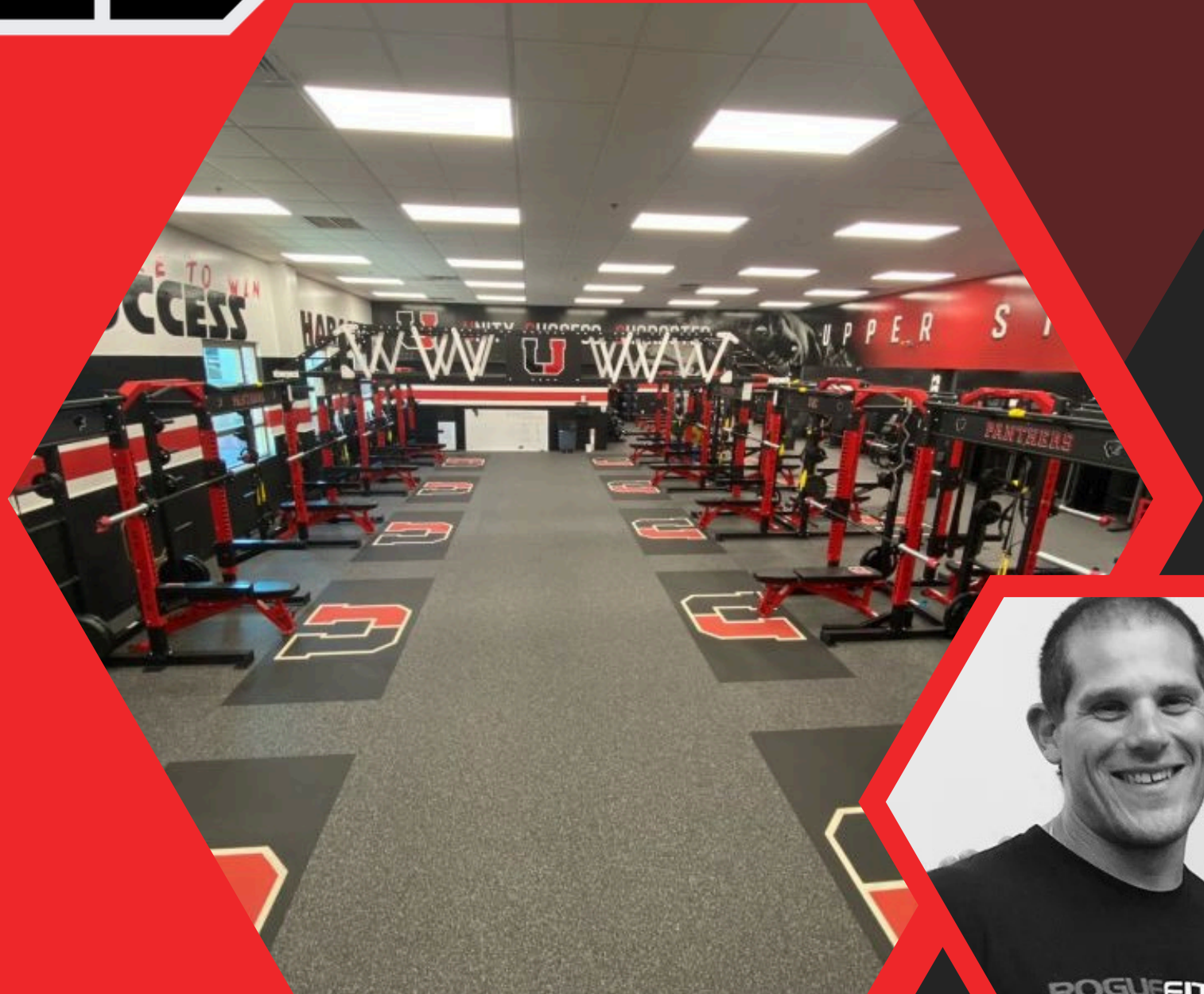
HOME GAME THEMES

- AUG 28th **MT. LEBANON**: SENIOR NIGHT
- SEPT 11th **CANON MAC**: YOUTH NIGHT
- SEPT 25th **SOUTH FAYETTE**: HALL OF FAME
- OCT 2nd **PETERS**: HOMECOMING
- OCT 23rd **THOMAS JEFFERSON**: PINK OUT
- PLAYOFFS BEGIN NOV. 6th



AWAY GAMES

- NORTH ALLEGHENY, CHARTIERS VALLEY,
- BETHEL PARK, TRINITY, WEST ALLEGHENY



SPRING WORKOUTS

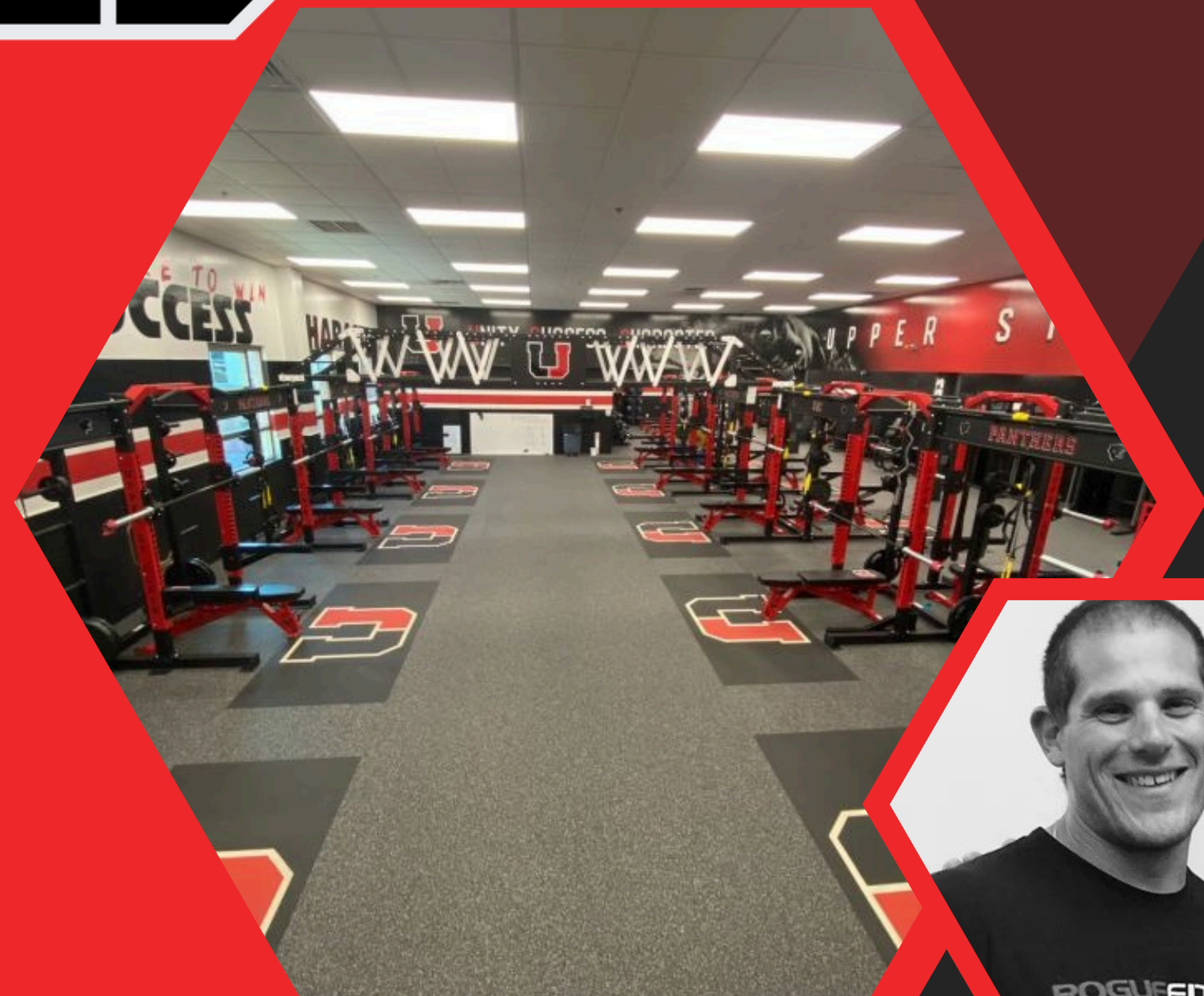
**WORKOUTS WEEKLY ON MONDAYS,
TUESDAYS, THURSDAYS**

***INCOMING PLAYERS BUSSED TO
THE HS FROM FORT COUCH***

PICK UP WILL BE AROUND 5:00 PM

**10-12 WE WILL BEGIN EXPANDING
WORKOUTS AND WEATHER AND
FIELD AVAILABILITY PERMITS**

**COACH FRANK CREMONESE
PROGRAMS ALL WORKOUTS**



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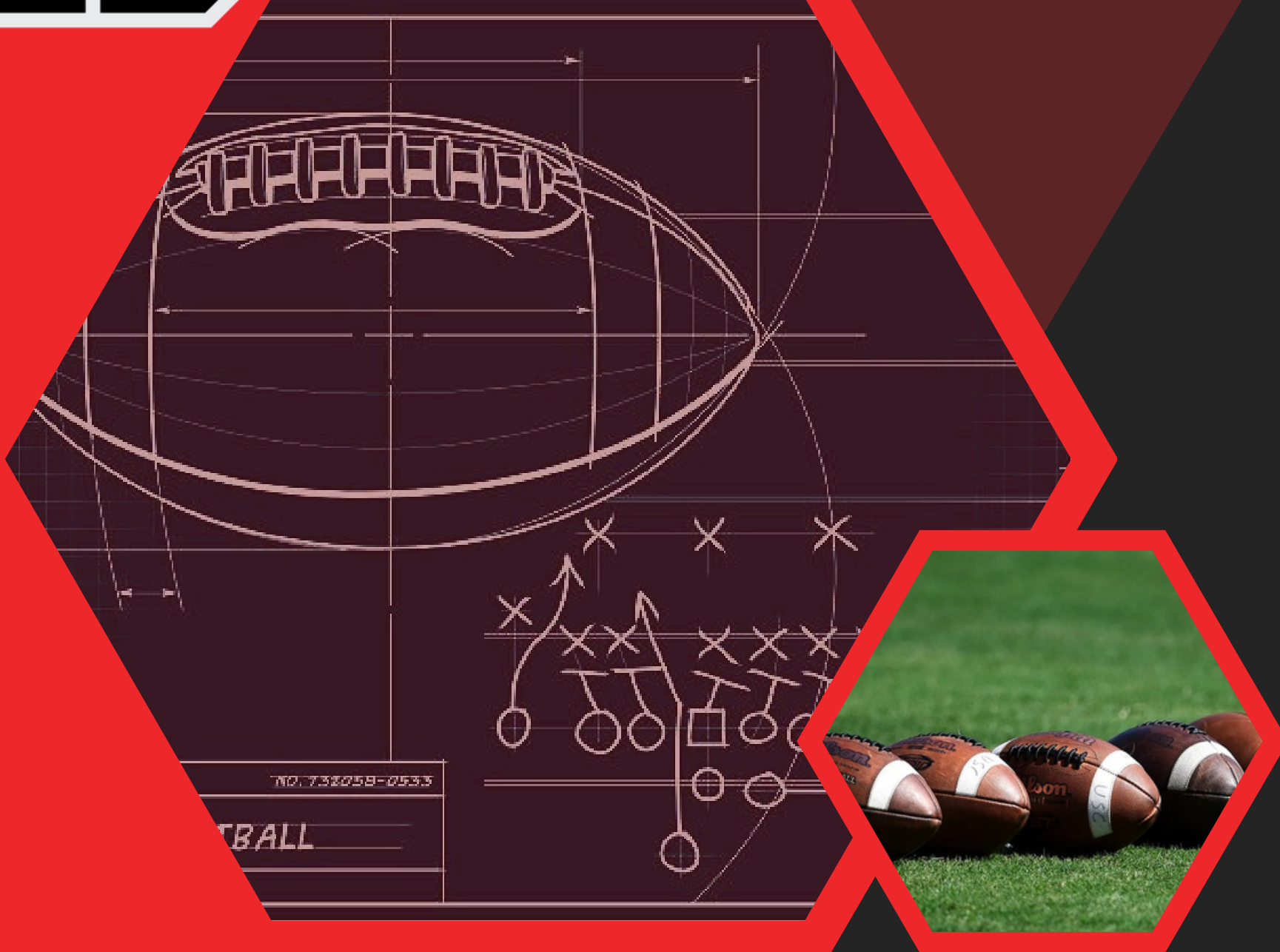
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SPRING PRACTICE

- Incoming Grades 10-12
- MAY 20th-MAY 29th
- Full Participation required (If Spring Sport is concluded)
- USC Coaching Staff will be present for all workouts
- Players will be issued soft shoulder pads and helmet for these workouts
- Players must wear cleats



USC FOOTBALL COLLEGE SHOWCASE

COLLEGE FOOTBALL SHOWCASE ON MAY 19th
BETHEL PARK STADIUM


ALL RISING SENIORS AND JUNIORS
ARE INVITED TO PARTICIPATE

31 NUMBER OF USC FOOTBALL PLAYERS
PLAYING COLLEGE FOOTBALL IN 2026

MAY 19TH 3PM

PANTHERS IN THE NCAA

USC ALUMNI

PANTHERS  FOREVER

UPPER ST. CLAIR FOOTBALL

PREPARING OUR PLAYERS FOR FUTURE SUCCESS ON AND OFF THE FIELD

2026 WESTERN PA SHOWCASE WEEK

TUESDAY MAY 19, 2026

LOCATION 1 – BETHEL PARK

SESSION 1: 3:00-4:30PM
SESSION 2: 4:15-5:45PM

309 Church Road Bethel Park, PA 15102



BETHEL PARK



PETERS TWP



UPPER ST. CLAIR



THOMAS JEFFERSON



BALDWIN



MT. LEBANON



CHARTIERS VALLEY



SOUTH PARK



SETON LA SALE



RINGGOLD



BISHOP CANEVIN



HEALTHY ROSTER

TRAINING STAFF: Alec Uttech
Alec.Uttech@ahn.org
Ben.Roberts@ahn.org

PHYSICALS ELIGIBLE DATE

★★★★★ **MAY 1**

HEALTHY ROSTER DUE DATE

★★★★★ **AUG 1**

Desktop version of Healthy Roster
PIAA Physical Packet



SUMMER SCHEDULE

- JUNE 8th - AUGUST 6th
- 4 DAYS/WEEK
- ALL WORKOUTS WILL BE IN THE AM
- VACATIONS AND CAMPS
- MANDATORY HEAT WEEK BEGINS AUG. 10th

ALL PLAYERS GRADES 7-12
REGISTER AT [USCFOOTBALLCAMPS.COM](https://www.uscfootballcamps.com)

CAMP CALENDAR





SIGN UP FOR SUMMER CAMP





2026 BOOSTER BOARD

- NATE SNYDER - PRESIDENT
- KERI ELLIS - VICE PRESIDENT
- SHAUNA ROZZO - RECORDING SECRETARY
- HEATHER ZIEGLER - CORRESPONDING SECRETARY
- MARTHA CHEATWOOD - COMMITTEE DIRECTOR
- CARRIE STOHL - BOARD ADVISOR
- KATHY HESS - TREASURER

**MEETINGS EVERY SECOND MONDAY
OF THE MONTH @CRC**





SPRING FLING SIGN UP



APRIL 25TH @ALPINE CLUB



USC FOOTBALL

GOLF CLASSIC SIGN UP



MAY 18TH, 2026





BOOSTER PRESENTATION

- SPRING FLING
- GOLF OUTING
- COMMUNITY DAY
- SUMMER FUNDRAISER
- MONTHLY BOOSTER MEETINGS
- RESTAURANT FUNDRAISERS
- SENIOR NIGHT
- PICTURE DAY
- FANFEST
- YEAR END BANQUET
- PASTA DINNERS
- PRE-GAME MEALS
- POST GAME MEALS
- GAMEDAY PROGRAM
- GAMEDAY CONCESSIONS/OPERATIONS
- TEAM MEDIA



www.uscfootballboosters.org



 USC FOOTBALL BOOSTERS

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WELCOME TO THE HOME OF THE
UPPER ST. CLAIR
FOOTBALL BOOSTERS
PROUD SUPPORTERS OF THE UPPER ST. CLAIR PANTHERS



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**THANK
YOU FOR
YOUR
SUPPORT**

GO PANTHERS!!!

